

2016-17

RUDRA 2017

Battle For Success

Rudra the name is associated with wind, storm and hunt. Our college celebrated **Rudra** to showcase the inner talents of young stars of different colleges across Mumbai.

Rudra was held on **24th and 25th Jan 2017**, every year Rudra comes with new energy, enthusiasm and provide a platform to young generation.

We invited 50 colleges and it was big, bold and enjoyable. We categorized our Rudra into Performing Arts, Fine Arts, Literary Arts, Management Event, Battle Street and Techno craft Events. This year we put some color of Desi events. Many colleges participated and enjoyed the different flavor of two days event.

<i>Performing Art</i>	<i>Fine art</i>	<i>Literary art</i>	<i>Managem nt events</i>	<i>Battle street</i>	<i>Techno craft</i>	<i>Desi Events</i>
Solo Singing	Mehendi	Debate	Hera pheri	NukkadNatak	Counter strike	Tag of war
Solo dance	Still photography	Collage	Quiz	Street Dance	NFS most wanted	Chess
Duet Dance	Poster Making			B.boying	Program de-bugging	
Group Dance	Tattoo Making			Treasure hunt	Presentation	
	Nail Art				Blind typing	
	Face Painting					
	Crown Making					
	Sketching					



16-17

Todays RUDRA was - exciting, enjoying, challenging for all the participants and committee members. Winners were awarded with medals, certificate and mementoes. This year Rudra committee invited many renowned judges for different categories.

Rudra 2017 will be memorable, remembered by participants, audience, judges, teaching and non-teaching members and management of the college

RUDRA will reach new horizon in coming future and provide more talented stars for tomorrow.

Datta

Rudra In-charge

Ms. Jayeeta Datta



Indle

PRINCIPAL

SHRI RAJASTHANI SEVA SANGH'S

Smt. Parmashwaridevi Durgadutt Tibrewala Lions Juhu
College of Arts, Commerce & Science
J. B. Nagar, Andheri (East),
Mumbai - 400 059.

Yoga Day Report 2016-2017

The Second International Day of Yoga was celebrated on June 21, 2016 by the National Service Scheme unit of S.P.D.T. College with great enthusiasm. Introductory and practice sessions of Yoga for the same were organized on June 21, 2016 in the college Auditorium.

Ms. Karuna Shinde started the session with breathing exercise, followed by meditation. During these sessions the participants were apprised of the concept of yoga and were briefed about its benefits. Various 'Yoga Asanas' and 'Pranayama' as stated in the Common Yoga Protocol (CYP) given by the Ministry of AYUSH were practiced. The sessions continued nearly for two hours starting from 8 am in the morning and were well attended both by teachers and students alike.

The event on 21st June, 2016 began at 8:00 am in the Auditorium of the College with a motivating address by the Principal, Dr. Trishla Mehta.

The participants were apprised about the importance of Yoga and the general guidelines for yoga practice were also enumerated. There were a total of Forty three participants including NSS volunteers and teaching faculty.

As directed by UGC, CYP was broadly followed during the session. The Yoga session commenced with recitation of a prayer which rejuvenated the souls and left a positive effect on mind, body and soul. This was followed by loosening exercises and different postures of Yogasanas, such as, 'Taadaasan', 'Vajrasana', 'Makaarasana' and 'Shavaasana', 'Kapalabathi', 'Bhrahmari Pranayama' and 'Dhyana' were also performed.

While the participants were performing these yoga exercises, they were simultaneously briefed about their benefits and the precautions to be observed. They were also advised to practice Yoga on a daily basis for their overall well-being.

The Yoga session came to an end with a 'Sankalpa' and 'Shanti patha'.

The participants vowed to practice yoga daily in their life.

Sanjay Kumar Mishra

Sanjay Kumar Mishra

NSS Program Officer



Dr. (Smt.) Trishla Mehta

Dr. (Smt.) Trishla Mehta

Principal

Dr. (Smt.) Trishla Mehta

PRINCIPAL

SHRI RAJASTHANI SEVA SANGH

SMT. PARNESHWARI DEVI DURGADUTT TIBREWALA LIONS CLUB

College of Arts, Commerce & Science

J. B. Nagar, Andheri (East),

Mumbai - 400 059.

Yoga Day Report 2017-2018

The Third International Day of Yoga was celebrated on June 21, 2017 by the National Service Scheme unit of S.P.D.T. College with great enthusiasm. Introductory and practice sessions of Yoga for the same were organized on June 21, 2017 by Brahmakumari's Rajyoga, J.B.Nagar Centre.

Dr. Alpa started the session with breathing exercise, followed by meditation. Mr. Rajgopal was invited for Laughter Yoga, which was enjoyed by students and staff.

During these sessions the participants were apprised of the concept of yoga and were briefed about its benefits. Various 'Yoga Asanas' and 'Pranayama' as stated in the Common Yoga Protocol (CYP) given by the Ministry of AYUSH were practiced. The sessions continued nearly for two hours starting from 8 am in the morning and were well attended both by teachers and students alike.

The event on 21st June, 2017 began at 8:00 AM in Room No 603 of the College with a motivating address by the BK Priti

The participants were apprised about the importance of Yoga and the general guidelines for yoga practice were also enumerated. There were a total of Sixty Two participants including 41 NSS volunteers and teaching faculty.

As directed by UGC, CYP was broadly followed during the session. The Yoga session commenced with recitation of a prayer which rejuvenated the souls and left a positive effect on mind, body and soul. This was followed by loosening exercises and different postures of Yogasanas, such as, 'Taadaasan', 'Vajrasana', 'Makaarasana' and 'Shavaasana', 'Kapalabathi', 'Brahmari Pranayama' and 'Dhyana' were also performed

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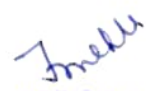

Sanjay Kumar Mishra

NSS Program Officer




Dr. (Smt.) Trishla Mehta

Principal


PRINCIPAL
SHRI RAJASTHANI SEVA SANGH'S
Smt. Parmeshwaridevi Durgadutt Tibrewala Lions Juhu
College of Arts, Commerce & Science
J. B. Nagar, Andheri (East),
Mumbai - 400 059.



B.Y.L. NAIR CH. HOSPITAL, BLOOD BANK

DR. A. L. NAIR ROAD, MUMBAI - 400 008. (INDIA)
Telegraphic Address : 'NAMECOL' Byculla, Mumbai - 400 008
Phone : Hospital : 23081490-99 Ext. 644 @ Blood Bank : 23098150

DONATE BLOOD - SAVE LIFE

Ref. No.

Date : / / 200

To,

The Principal,
Rajasthani Seva Sangh's
SP D T College
Andheri East

25.06.2018

Respected Sir

We express our sincere thanks to you for noble support in blood donation camp at Andheri Railway Station on 13.06.18 from 9 to 5:30 pm. We had collected 84 unit of blood. The camp gave relief to come out our bank in a acute Shortage of blood. N. S. S. Volunteers had worked very hard and made camp successful. Appreciation certificate were given to all volunteers.

With warm regards.

Mr Kantilal Pawar

Medical Social Worker

B Y L Nair Charitable Hospital.



[Signature]
PRINCIPAL
SHRI RAJASTHANI SEVA SANGH
SMT. PARMESHWARIDEVI DURGADUTT TIBREWALA LIONS JUHU
College of Arts, Commerce & Science
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College of Arts, Commerce & Science

Affiliated to the University of Mumbai

Shriniwas Bagarka Marg, J. B. Nagar, Andheri (E), Mumbai - 400 059. • Mob: 7738319732 • Web : spdtcollege.ac.in

Date: 04/10/2018

Meditation Session Report

Meditation session for living better life was conducted by Kirit bhai of Dev Prabha Bharti Seva Sanstha on 4th October 2018, 85 students and 20 teachers participated in the event. Kirit Bhai explained the benefits of meditation in detail by giving various examples. He also explained the power of sub-conscious mind. Participants realised the importance of their inner power. Kirit Bhai also explained how meditation Technique reduces stress. At the end of session meditation technique was practised.

Sanjay Kumar Mishra

Dr. SANJAYKUMAR MISHRA
NSS PROGRAMME OFFICER

Trishla Mehta

Dr. TRISHLA MEHTA

PRINCIPAL

SHRI RAJASTHANI SEVA SANGH
SMT. PARMESHWARIDEVI DURGADUTT TIBREWALA LIONS JUHU
College of Arts, Commerce & Science
J. B. Nagar, Andheri (East),
Mumbai - 400 059.



Attendance of Meditation session Time :- 9:30 to 12:00

NAME

Signature

1) Neelan Gupta

Gupta

2) Shweta R. Pal

Pal

3) Saeeda Hussain

Hussain

4) Urushali Kanere

Kanere

5) Seta Singh

Singh

6) Antima Mishra

Antima

7) Sharikh Sheikh

Sheikh

8) Anju Yadav

1646 - D F.Y.Bcom Anju

9) Janvi Rathod

1664 - D F.Y.Bcom Rathod

10) Poshini Panyat

Panyat

11) Mohammadbee A. Sheikh

1629 - D F.Y.Bcom Sheikh

12) Priya Gupta

Gupta

13) Manita Mishal

Mishal

14) Manita Yadav

Yadav

15) Nisha Yadav

Nisha

16) Lakshmi Khadka

Khadka

17) Stephy Nair

Nair

18) Sunita Bohora

Bohora

19) Pooram Pal

Pal

20) Mono Ralbhari

Mono

21) Shweta Tiwari

Tiwari

22) Ruth Nelson

Nelson

23) Pooja Sukla

Pooja

24) Jyoti Hemant

Hemant

Nitya



Meditation session

4-10-18

NAME	Roll No	Sign.
1) KHAN KHATIZA	1214	<u>Khan</u>
2) Sahoo Pallavi	1074	<u>Pallavi</u>
3) Anjali Limkar	211	<u>Anjali</u>
4) Savita mawya	1049	<u>Savita</u>
5) Jyoti Harijan	1033	<u>Jyoti</u>
6) khum Fatima.	107	<u>Khums</u>
7) Sumitara Kharsni	1045	<u>Sumitara</u>
8) Deena Prasad	1099	<u>De.</u>
9) Riya gonsalves	106	<u>Riya</u>
10) Ashaekha Jaiswal	108	<u>Ashaswa</u>
11) Ruth Nelson	1474	<u>Ruth Nelson</u>
12) Shriya Tiwari	1224	<u>Shriya</u>
13) Pooja Sukla	1515	<u>Pooja</u>
14) Sandhya Mishra	212	<u>Sandhya</u>
15) Ravinder Kaur Soar	2247	<u>R. Kaur</u>
16) Priya Mallick	2217	<u>P. Mallick</u>
17) Poonam Pal	117	<u>Poonam</u>
18) Mona Rajbhar	1068	<u>Mona</u>
19) Sunita Bohara	2005	<u>Sunita</u>
20) Steephy Nair	2060	<u>Stephy</u>
21) Lalshmi Khadla	2046	<u>Lalshmi</u>
22) Etteparayil Janet Joe	1020	<u>Janet</u>
23) Murthi Mukesh		<u>Murthi</u>

V.D.



CG

Sr.	Name		Sign
13	Mohd Masoom Raza Shaikh		<u>Moom. Raza</u>
23	Devendra Yadav		<u>Devendra</u>
3)	Asay Rajbhare		<u>Asay (D)</u>
4)	Nishant Vishwakarma	F.Y.B.Com (D)	<u>Nishant</u>
5)	Paikumar Kamali	F.Y.B.Com (A)	<u>Paikumar</u>
6)	Idrisi Amad Ali	F.Y.B.Com (A)	<u>Idrisi</u>
7)	Shivkumar Vishwakarma	F.Y.B.Com (D)	<u>Shivkumar</u>
8)	Omkan P. Mohite	F.Y.B.Com (A)	<u>Omkan</u>
9)	Shoukendra Mishra	SYIT	<u>Shoukendra</u>
10)	Anees Khan	SYIT	<u>Anees</u>
11)	Akshat Solanki	F.Y.B.Com (D)	<u>Akshat</u>
12)	Hitesh. Suvarra	F.Y.B.Com (A)	<u>Hitesh</u>
13)	Nafas Raghu Nath		<u>Nafas</u>
14)	ASTER REBEIRO	F.Y.B.Com (D)	<u>Aster</u>
15)	Saurabh Tiwari	SYB.Com (B)	<u>Saurabh</u>
16)	SURAJ Mouny	F.Y.B.Com (C)	<u>Suraj</u>
17)	DAYAL Singh Bisht	S.Y.B.Com (C)	<u>Dayal</u>
18)	Rakegh Bind	F.Y.BFM	<u>Rakegh</u>
19)	Pankaj Sharma	SYBSCIT	<u>Pankaj</u>
20)	Rohit Tayde	F.Y.B.Com	<u>Rohit</u>
21)	Karande Aniket	Anil f.y.B.com (D)	<u>Karande</u>
22)	Ashutosh Singh	F.Y.B.Com (D)	<u>Ashutosh</u>
23)	Sudarshon	F.Y.B.Com (D)	<u>Sudarshon</u>
24)	Shadab Malik	F.Y.B.Com (D)	<u>Shadab</u>
25)	Rahul Rai	F.Y.B.Com (D)	<u>Rahul</u>
26)	Akbar Mouny	F.Y.B.Com (D)	<u>Akbar</u>
27)	Salman Shaikh	S.Y.B.Com (B)	<u>Salman</u>
28)	Neeraj Vishwakarma	T.Y.BMS (A)	<u>Neeraj</u>
29)	Ajit Gupta	S.Y.B.Com	<u>Ajit</u>



- | | | |
|-------------------------|-----|-----------|
| 1) Virek Vadau | (D) | Virek |
| 2) Santosh Chakravarty | (D) | Santosh |
| 3) Niphal Rai | (D) | Niphal |
| 4) Khan Mujed | (D) | Mujed |
| 5) Aniket V. Shivakarma | (D) | Aniket |
| 6) Shantling Kadasanehi | (D) | Shantling |
| 7) Prashant Yedre | (D) | Prashant |
| 8) Sachin. Sharma | (B) | Sachin |
| 9) Jain Dhaval | | Dhaval |



PRINCIPAL

PARMESHWARIDEVI DURGADUTT TIBREWALA LIONS
JUNU COLLEGE OF ARTS, COMMERCE & SCIENCE
J. B. NAGAR, ANDHERI (EAST),
MUMBAI - 400 059.

Yoga Day Report 2018-2019

The Fourth International Day of Yoga was celebrated on June 21, 2018 by the National Service Scheme unit of S.P.D.T. College with great enthusiasm. Introductory and practice sessions of Yoga for the same were organized on June 21, 2018 by Brahmakumari's Rajyoga, J.B.Nagar Centre.

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The event on 21st June, 2018 began at 8:00 AM in the Auditorium of the College with a motivating address by the Principal, Dr. Trishla Mehta.

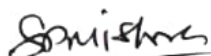
The participants were apprised about the importance of Yoga and the general guidelines for yoga practice were also enumerated. There were a total of Seventy four participants including NSS volunteers and teaching faculty.

As directed by UGC, CYP was broadly followed during the session. The Yoga session commenced with recitation of a prayer which rejuvenated the souls and left a positive effect on mind, body and soul. This was followed by loosening exercises and different postures of Yogasanas, such as, 'Taadaasan', 'Vajrasana', 'Makaarasana' and 'Shavaasana', 'Kapalabathi', 'Brahmari Pranayama' and 'Dhyana' were also performed.

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The Yoga session came to an end with a 'Sankalpa' and 'Shanti patha'.

The participants vowed to practice yoga daily in their life.



Sanjay Kumar Mishra

NSS Program Officer





Dr. (Smt.) Trishla Mehta

Principal



PRINCIPAL

SHRI RAJASTHANI SEVA SANGH'S

Smt. Parmeshwaridevi Durgadutt Tibrewala Lions Juhu
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Shriniwas Bagarka Marg, J. B. Nagar, Andheri (E), Mumbai - 400 059. • Tel. : 28353002, 28393002

DISHA 2020 REPORT

Department of Commerce, Accountancy and Mathematics in association with IQAC jointly organized Intra College PPT presentation competition "DISHA-2020" on 17th February, 2020 at 10.00AM. The "DISHA-2020" aimed to update the knowledge on the recent advancement among the Social issues and challenges. More than 40 students participated in this competition and 14 students presented Power Point on the topics like, Make in India, Right to Information, Good and Service Act-2017, Budget-2020, Climate Change and Natural Disaster, Smart City in India, Urbanization and its Impact, Demonetization and Cashless Economy. The learners were given wide scope of different themes, mainly to deal with Social Issues or Skill Improvement or other Management Skills. The competition was evaluated by Prof. Lakshmikant Kannojiya and Prof. N. Sunderjothi. The following students were awarded best Power Point Presentation.

Sr. No.	Name	Class	Presentation	Place
1	Melanie Lewis	T.Y.B.A	Water Harvesting	First
2	Manish Kumar			
3	Rohini Vinod Pillai	T.Y.B.B.I	Plastic Recycling	Second
4	Shruti Ravi	S.Y.B.A.	Drug addiction in Youth	Third
5	Neelofer Shaikh			

The competition concluded with vote of thanks given by Dr. Sandeep Poddar.


Dr. Sandeep Poddar
Convener




Dr. (Smt.) Trishla Meta
Principal


PRINCIPAL
SHRI RAJASTHANI SEVA SANGH'S
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Mumbai - 400 059.

Date: 12th March 2020

"Report On NCC activities 2019-2020"

In this academic year, we have enrolled total 8 students in NCC unit at Bhavan's College.

On 30th November 2019, our NCC cadets attended the walkathon event at Gateway of India.

Our NCC cadets participated in beach cleaning activities conducted by their NCC unit at Juhu on 7th December 2019.

NCC cadets also actively participated in blood donation drive 2019 conducted by Parivartan on 5th December 2019.

NCC cadets also received training for the Disaster management on 30th December 2019.

Our college's NCC cadet Rutuja Tatkare won 2nd prize for National level karate championship under weight 60 and age 21.

NCC cadets also attended woman development program conducted by the University of Mumbai on 2nd December 2019.

NCC cadet Mr. Abhishek also attended the state level camp on 9th January 2020.



Indulkar

Indulkar
Dr. Nanda Indulkar

PRINCIPAL
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Smt. PARUL SHYAMDEVI DURGADUTT TITHEWALA LIONS Juhu
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NOTICE

Date: 28/01/2020

Our College is organizing Workshop on **"PROFESSIONAL ETHICS FOR STUDENTS"**. The details of which are as follows.

- Date : 03/02/2020
- Day : Monday
- Time : 10.00 AM
- Venue: College Basement.

Trishla
Dr. (Smt.) Trishla Mehta
PRINCIPAL



Trishla
PRINCIPAL
SHRI RAJASTHANI SEVA SANGH
SMT. PARMESHWARIDEVI DURGADUTT TIBREWALA LIONS JUHU
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Shrinivas Bagarika Marg, J. B. Nagar, Andheri (E), Mumbai - 400 059. • Tel. : 28353002

Ref. No. 331/2019-20

Date: 01/02/2020.

To,

Dr. VARADRAJ BAPAT,
IIT Bombay.

Respected Sir,

We are pleased to invite you as a resource person for the
Workshop on **"Professional Ethics for Students"** on **03rd**
February, 2020 in Seminar Hall.

The purpose of the workshop is to Impart Professional
Ethics among Students for making them good human being.

Kindly give your consent.

Thanking you,

02/02/20
31/4/20



Trishla
Dr. (Smt.) Trishla Mehta
PRINCIPAL



श्री राजस्थानी सेवा समिति

Smt. Parmeshwaridevi Durgadutt Tibrewala Lions Juhu
College of Arts, Commerce & Science

Affiliated to the University of Mumbai

Shrinivas Bagarka Marg, J. B. Nagar, Andheri (E), Mumbai - 400 059. • Tel. : 28353002

Ref.No. : 335/2019-20

Date : 03/02/2020.

To,

Dr. VARADRAJ BAPAT,
IIT BOMBAY.

Respected Sir,

Please accept my sincere thanks for giving your valuable time as a Resource person for the Workshop on "**Professional Ethics for Students**" held on **03rd February, 2020.**

I appreciate the co-operation and guidance rendered by you.

Thanking you,

Yours faithfully,

Dr. (Smt) Trishla Mehta
3/2/20



Trishla Mehta
Dr.(Smt) Trishla Mehta
PRINCIPAL