

Annual Report of College Women Development Cell

Elocution Competition organized by College Women Development Cell

Smt.Parmeshwaridevi Durgadatt Tibrewala L.J college of Arts, Commerce & Science's Women Development Cell organized an Elocution competition on 27th August 2019. The topics of elocution were -1) women in Modern Society, 2) Women Empowerment 3) Women Leadership. The programme was began at 10.45 am by a welcome address by Ms. Kalpana.K.S , WDC-SPDT convenor. Mrs Shruti Ravi (Student representative of CWDC) spoken about the importance of Women Empowerment in Society. There were 16 participants from various streams participated in the elocution competition. Ms Karuna Shinde and Mr Rajesh Yadav were the judges of the event. Students have actively participated in the competition. In the event Ms Priya Tiwari(FYBMS) secured first place in elocution competition. The second place bagged by Ms Farheen Shaikh (FYBCOM) and Ms Ruth Nelson (SYBCOM) got the third place in the event.



Mrs Kalpana.K.S

Convenor

College Women Development Cell

Report on Women's Day Celebration

Smt.Parmeshwaridevi Durgadatt Tibrewala L.J college of Arts, Commerce & Science's Women Development Cell organized Women's Day celebration 2020 on 7th March 2020. The members of 'R Society & R Responsibility', a non-profit organisation run by a team of educated mothers, who conducts an exclusive awareness programme "Good touch Vs Bad touch "for children below 10 years in school, communities & societies were invited as a guest on the women's day celebration.

The programme was started at 9.00am with lighting of lamp followed by a welcome address by Ms. Kalpana.K.S , WDC-SPDT convenor. The Principal Dr. Trishla Mehta addressed the audience with her inspiring words. She emphasised the role of education for empowering women in society. Ms Shruti Ravi, WDC student representative shared her thought on Women's Day and role of women by mentioning the achievements of eminent woman personalities in various fields of society.

Mrs. Hema Nerurkar, the founder of 'R Society & R Responsibility' expressed her views on women's day celebration and the major activities of their organisation. Mrs Asha Jamble, an alumna of SPDT, who is also a member of 'R Society & R Responsibility' inspired the audience by sharing her views and experiences followed by a wonderful dance performance by Mrs Pooja Thakur, a trained Kathak dancer portrait 'Journey of woman'.

After the marvellous dance performance, a quiz competition was conducted for students on "Role of women in Indian Society". Among the thirty participants Ms. Supriya bagged the First prize Ms Bashira M.D and Ms Khan Shama Parveen secured second and third place respectively.o



Inauguration with the blessing of Almighty



Students gathered for celebration



Performance by Mrs Preeti Thakur



Principal's Message



Participants of Quiz Competition

Mrs. Kalpana. K.S

Convenor

College Women Development Cell

"SWA-RAKSHAN PROGRAMME"

Awareness Programme

The Student Development Council (SDC) and Women Development Council (WDC) of Smt. Parmeshwaridevi Durgadutt Tibrewala Lions Juhu College (SPDT) jointly organized an awareness programme on **"Swa- Rakshan"** on 14TH FEB 2020 at college premises. The in-charge of Student Development Council (SDC), Dr. (Kumari) Nanda Indulkar and in-charge of Women Development Council (WDC), Prof. (Smt.) Kalpana K. S. accompanied by other teachers conducted an awareness programme by arranging a session of Mr. Deepak Mali, Director/chief institute of **Fitness Planet Institute-(FPI)** Joint secretary-all Mumbai suburban wushu association, for the purpose of raising awareness on fitness and swa- rakshan among students.

Mr. Deepak Mali began the programme at 10 a.m. with introduction about 'fitness and how it is important for everyone to be fit and its aims. He focused on importance of wellness of the body and some tricks to protect themselves in all age group. He discussed about different **'Wushu Chinese martial Arts'**, students of fitness planet institute have demonstrated some moves in martial art to protect ourselves. He motivated the students to stay fit and healthy since they face a lot of pressure regarding their studies and that they should know how to deal with it as excess pressure.

Teachers and students actively took part in the interactive session. The willingness and active participation of teachers, volunteers and students made this programme a huge success.

Mrs. Kalpana.K.S.

CWDC Convenor

Dr. Nanda Indulkar

Student Council Convenor