



Shri Rajasthani Seva Sangh's Smt. Parmeshwaridevi Durgadutt Tibrewala College of Arts, Commerce & Science , J.B.Nagar, Andheri East, Mumbai, Maharashtra -59.

Department of Lifelong Learning & Extension (DLLE) Annual Report for the Academic Year 2020-2021

Teacher in - charge: Dr. Nidhi Pundir

Student Managers: Mr. Ravi Yadav, Miss Pooja Singh

Vision and Mission: - “Reach to Unreached”.

The Department of Lifelong Learning and Extension strives to imbibe human skills among the students by engrossing them in activities beneficial for community upliftment. We try to work for the under privileged sections of the society and strive to transform the University system into an active instrument for social change through the institutionalization of extension as the third dimension. During this adverse Pandemic Time, we tried our best to be connected with our students online. This year i.e., 2020-21 total 14 students have enrolled themselves for DLLE unit of our college. Two students were appointed as Student Managers who bridged the gap between Extensions Students & Extension Work Teacher. This year due to the pandemic ease was given to students to complete their activity projects in an easy online mode. Our students have worked on Status of women project by doing online survey, questionnaire, interview. They have written the report on Status of women by analysing the data.

Objectives for the year:

- To stay connected with the students during the time of pandemic
- To design activities that would help students perform extension activities with ease.
- To create awareness to fight the tough times and reduce the anxiety levels among the students.
- To enhance the inbuilt skills and leadership qualities of the student by giving opportunity of event management.

Following were the activities that we organized for completion of the working hours of the students. As per instructions given by the Department of lifelong learning from university, we organized all the following activities online mode.

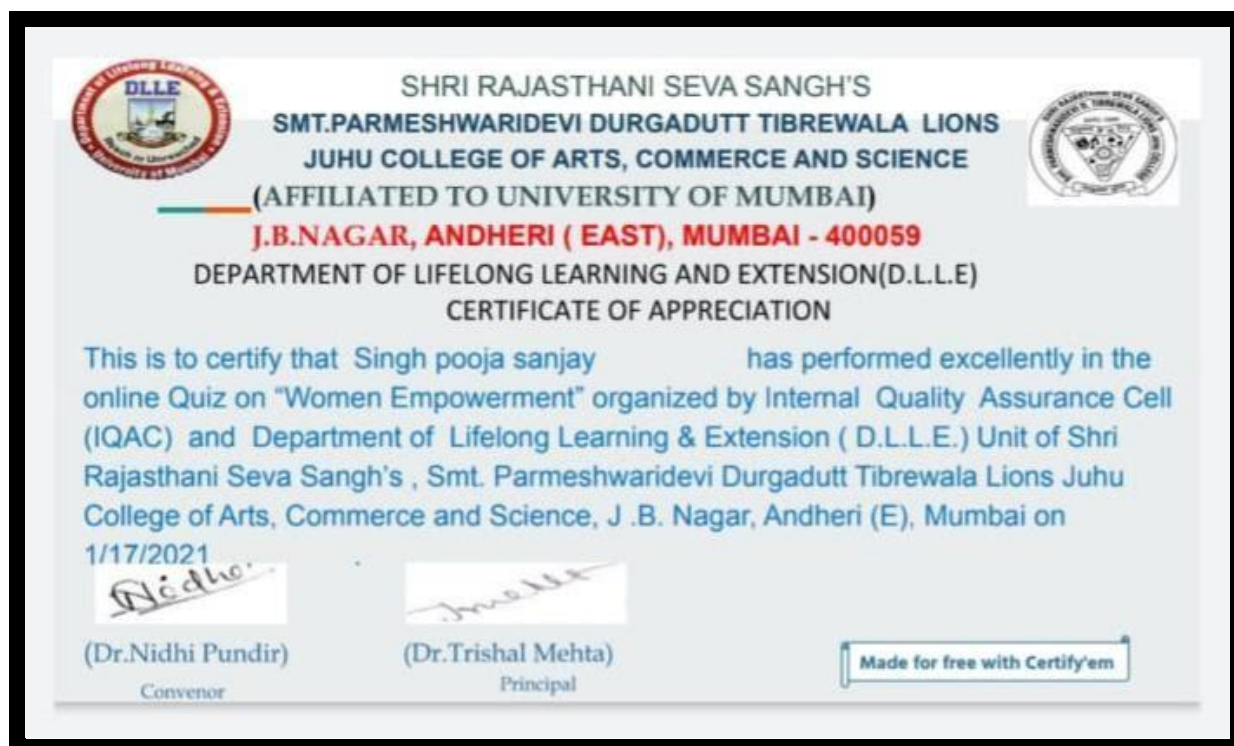
NAME OF ACTIVITY	DATE	ONLINE PLATFORM	NO. OF PARTICIPANT
ORIENTATION PROGRAM	03/01/21	Online platform	14
FIRST TERM TRAINING PROGRAM WITH EXTENSION TEACHER AND STUDENT MANAGER	09/01/21	Online platform	14
QUIZ COMPETITION ON WOMEN EMPOWERMENT	17/01/21	Google Form Quiz	152
FIRST TERM TRAINING PROGRAM WITH COORDINATOR	18/01/21	Google Meet	14
MEETING REGARDING DLLE SURVEY	20/01/21	Google Meet	14
GUEST LECTURE	23/01/21	Google Meet	14
MEETING REGARDING DLLE PROJECT	06/03/21	Google Meet	14
MEETING REGARDING DLLE	07/03/21	Google Meet	14
MEETING REGARDING WEBINAR	13/04/21	Google Meet	14
WEBINAR ON [DIFFERENT GRAPPLING PROBLEMS OF ADOLESCENT WOMEN]	04/04/21	Google Meet	206
Webinar on Stress Management and lifestyle challenges and pandemic progression hacks to de-stress	16/04/21	Google Meet	200

Outcomes of the DLLE Activities:

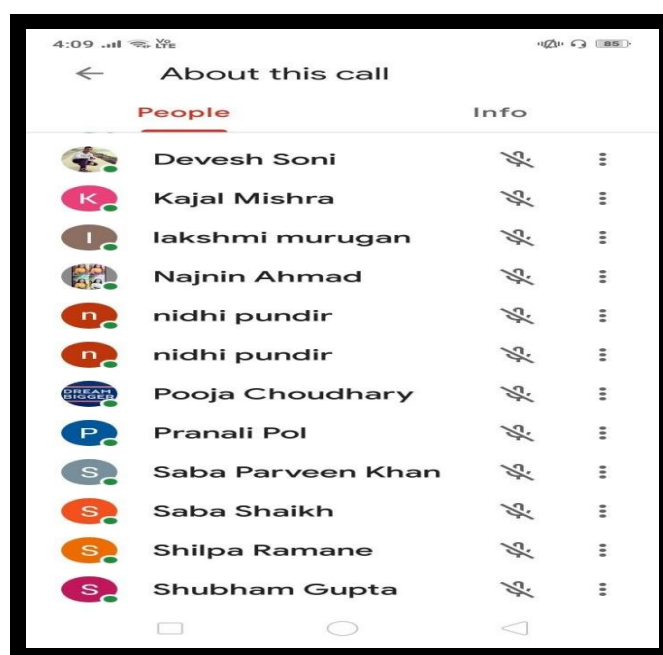
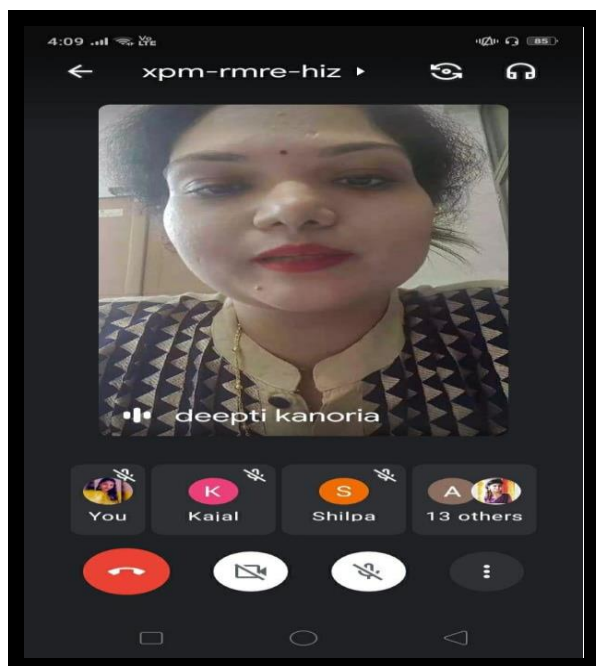
- Through the DLLE platform we could stay connected with students throughout the year.
- The designed programs help students to face life and its challenges and thus create an ambience for a learning society.
- It helped students to reduce their anxiety levels by engaging in activities.
- The activities helped students learn the qualities of effective leadership and event management.

Highlights of DLLE Activities 2020-21

Online Quiz Competition on Women Empowerment

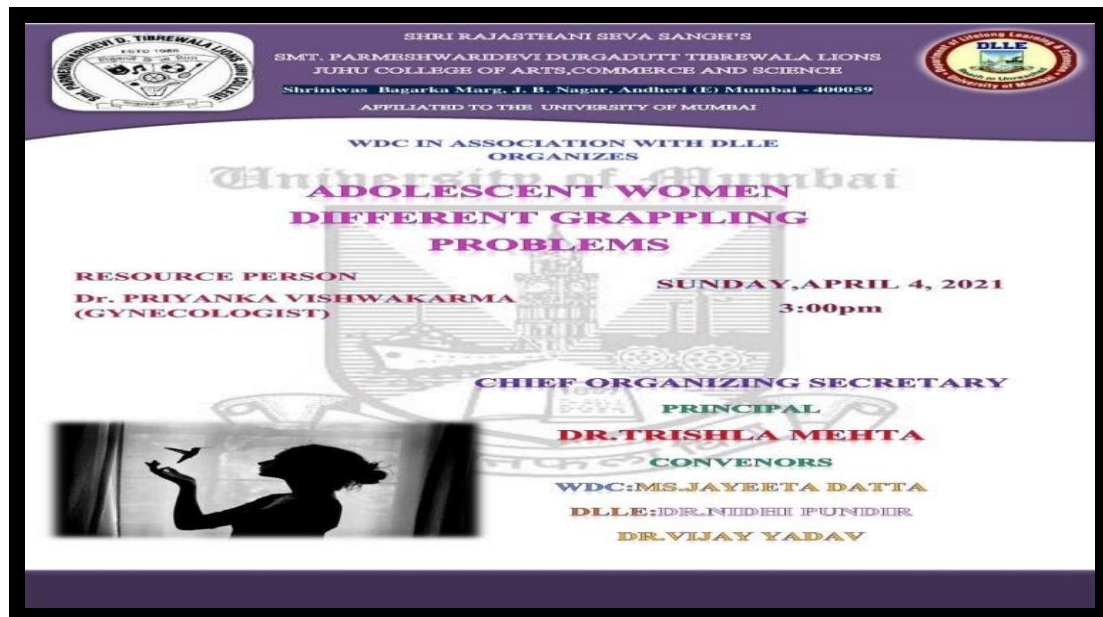


Guest Lecture

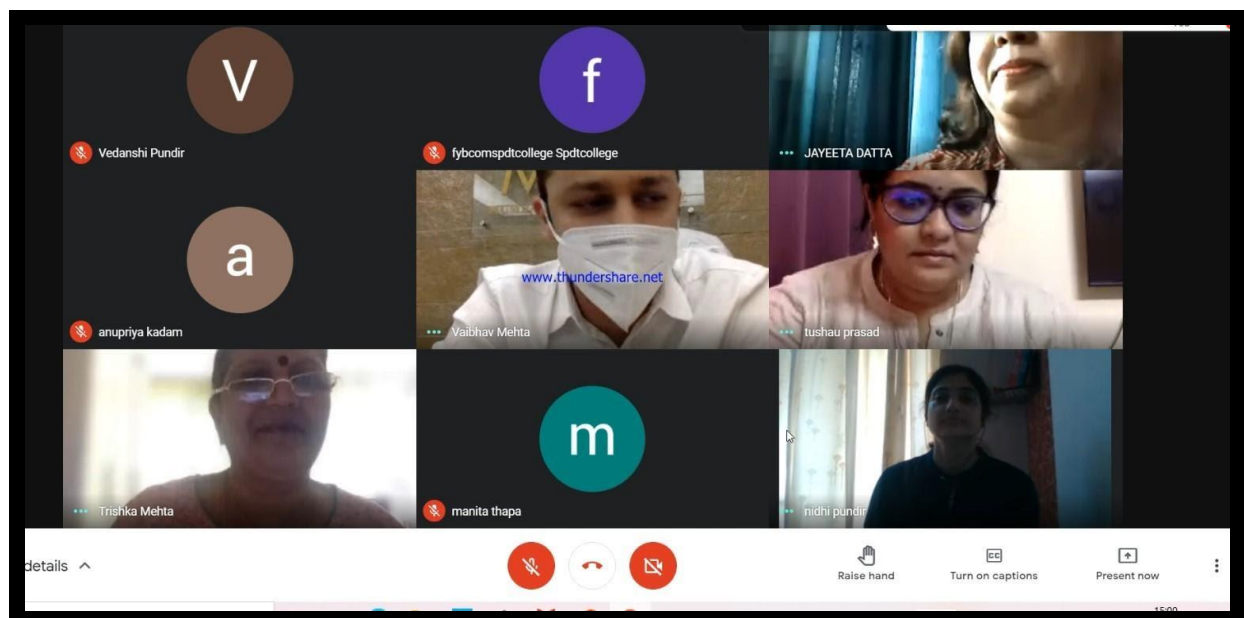


WEBINAR ON [DIFFERENT GRAPPLING PROBLEMS OF ADOLESCENT WOMEN]

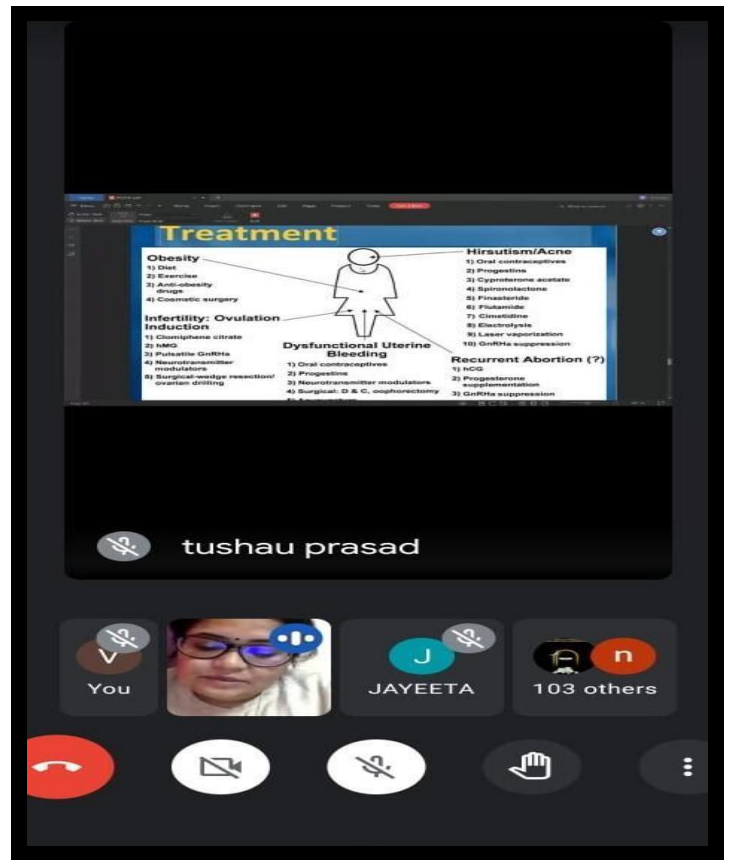
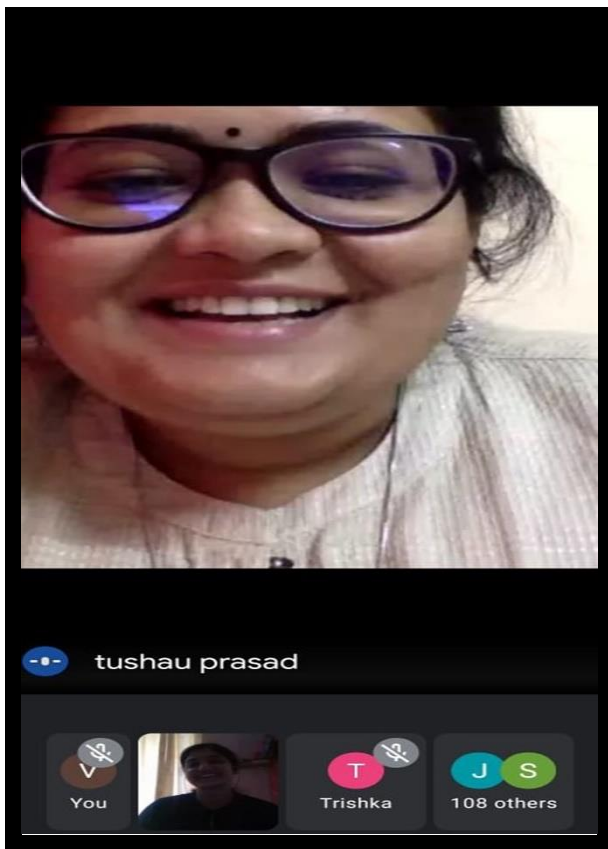
Event Flyer



Inaugural Session



Resource Person



Presentation



Question Answer Session

The screenshot shows a Zoom meeting in progress. At the top left, two participants are in video view: 'nidhi pundir' and 'tushau prasad'. Below them, a grid of participant avatars is visible, including 'JAYEETA DATTA', 'Trishka Mehta', 'priya yadav', 'Valbhav Mehta', 'Vedanshi Pundir', 'Priti Pandey', and 'Devesh Soni'. The main chat area displays a conversation: 'nidhi pundir' asks, 'I have taken which is from harshita Rana. She is asking that is blood clots during period is normal.' and 'tushau prasad' replies, 'Hmm. Yes. Blood clots during period is'. On the right, the 'Meeting details' sidebar shows a list of messages from participants like Pooja Singh, Ekta Sharma, and Preeti Gupta. At the bottom, there are controls for muting, video, and chat, along with a 'Meeting details' link.

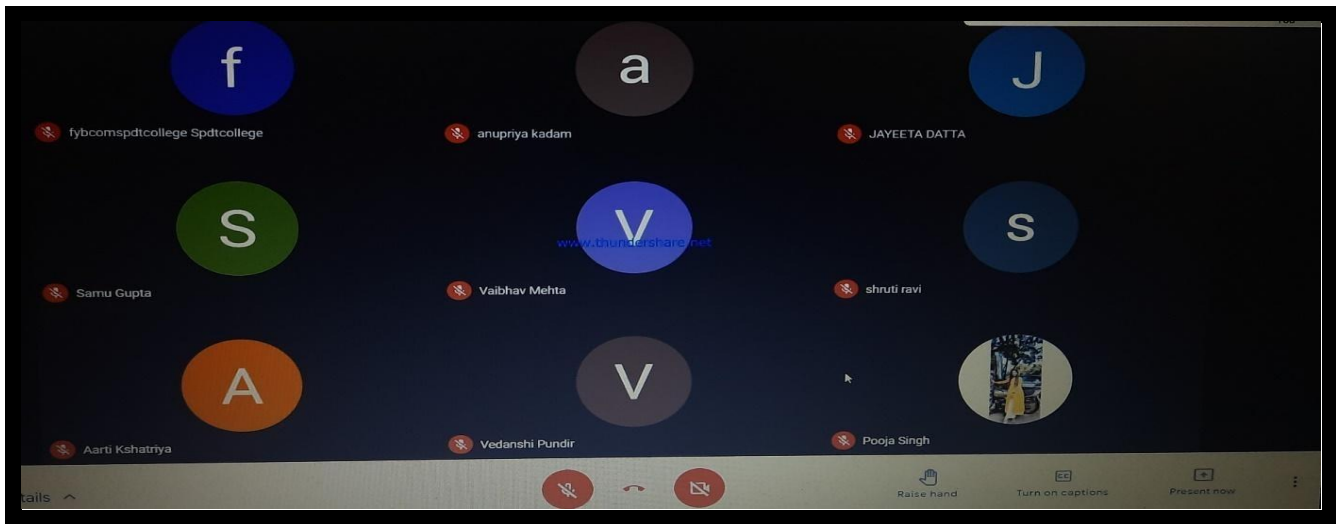
Vote of Thanks

The screenshot shows a Zoom meeting in progress. The main video view displays a close-up of a participant, 'shhi Khan', who is smiling. Below the video, a notification reads 'shhi Khan joined'. At the bottom, there is a row of participant avatars, including 'You', 'Trishka', and '108 others'. Below the avatars, there are several circular icons for meeting controls, such as mute, video, and chat.

Webinar on Stress Management and lifestyle challenges and pandemic progression hacks to de-stress

Some Glimpses of National Webinar

Inaugural Session (16th April, 2021)



Resource Person

