



Shri Rajasthani Seva Sangh's

Smt. Parmeshwaridevi Durgadutt Tibrewala College of Arts, Commerce & Science, J. B. Nagar, Andheri East, Mumbai, Maharashtra -59.

Department of Lifelong Learning & Extension (DLLE) Annual Report for the Academic Year 2022-2023

Teacher in - charge: Dr. Nidhi Pundir

Student Manager: Miss Pooja Singh

Vision and Mission: - "Reach to Unreached".

The Department of Lifelong Learning and Extension strives to imbibe human skills among the students by engrossing them in activities beneficial for community upliftment. We try to work for the under privileged sections of the society and strive to transform the University system into an active instrument for social change through the institutionalization of extension as the third dimension. In this academic year (2022-23) total 35 students have enrolled themselves for DLLE unit of our college. Miss Pooja Singh from Tybcom was appointed as Student Manager who bridged the gap between extension student and extension work teacher. Our students have worked on Status of women project by doing online survey, questionnaire, interview. They have written the report on Status of women by analysing the data.

Objectives for the year:

- > To design activities that would help students perform extension activities with ease.
- > To create awareness to fight the tough times and reduce the anxiety levels among the students.
- > To enhance the inbuilt skills and leadership qualities of the student by giving opportunity of event management.

Following were the activities that we organized for completion of the working hours of the students. As per instructions given by the Department of lifelong learning from university, we organized all the following activities:

| NAME OF ACTIVITY | DATE | VENUE | NO. OF PARTICIPANT |
|--|----------|--|--|
| ELOCUTION COMPETITION | 10/08/22 | SEMINAR ROOM SPDT COLLEGE | 19 |
| HAR GHAR TIRANGA (YATRA) | 15/08/22 | JBNAGAR CHAKALA | 32 |
| ORIENTATION PROGRAM | 17/08/22 | SPDT COLLEGE | 21 |
| BLOOD DONATION CAMP | 23/08/22 | SEMINAR HALL | 26 |
| FIRST TERM TRAINING PROGRAM | 24/08/22 | SHRI LR TIWARI DEGREE COLLEGE | (EXTENSION TEACHER) WITH BOTH (SM) |
| VERSOVA BEACH CLEANING DRIVE | 18/09/22 | VERSOVA | 08 |
| MEETING REGARDING SURVEY | 21/09/22 | 104 A wing | 19 |
| FIRST TERM TRAINING PROGRAM BY FIELD COORDINATOR | 28/09/22 | SEMINAR ROOM SPDT COLLEGE | 29 |
| ESSAY WRITING COMPETITION | 12/10/22 | 104/SPDT COLLEGE | 10 |
| SECOND TERM TRAINING PROGRAM | 01/12/22 | CHANDRABHAN COLLEGE | (EXTENSION TEACHER) WITH BOTH (SM) |
| POSTER MAKING COMPETITION | 19/12/22 | SEMINAR HALL SPDT COLLEGE | 33 |
| SLOGAN WRITING COMPETITION | 19/12/22 | SEMINAR HALL SPDT COLLEGE | 35 |
| SECOND TERM TRAINING WITH FIELD COORDINATOR | 04/01/23 | SEMINAR HALL SPDT COLLEGE | 23 |
| OY OF GIVING | 12/01/23 | SALAAM BALAK TRUST | 23 |
| QUIZ COMPETITION | 13/01/23 | 104/SPDT COLLEGE | 26 |
| TREET PLAY AT COLLEGE CAMPUS | 09/02/23 | SPDT COLLEGE | 18 |
| JDAAN – THE FIGHT OF EXTENSION (CREATIVE VRITING) | 11/02/23 | ST. FRANCIS INSTITUTE OF MANAGEMENT AND RESEARCH | 01 |
| JDAAN – THE FIGHT OF EXTENSION (STREET PLAY) | 11/02/23 | ST. FRANCIS INSTITUTE OF MANAGEMENT AND RESEARCH | 14 |



Outcomes of the DLLE Activities:

- > Through the DLLE platform we could stay connected with students throughout the year.
- The designed programs help students to face life and its challenges and thus create an ambience for a learning society.
- It helped students to reduce their anxiety levels by engaging in activities.
- The activities helped students learn the qualities of effective leadership and event management.

Highlights of DLLE Activities 2022-23

Elocution Competition 10/08/2022



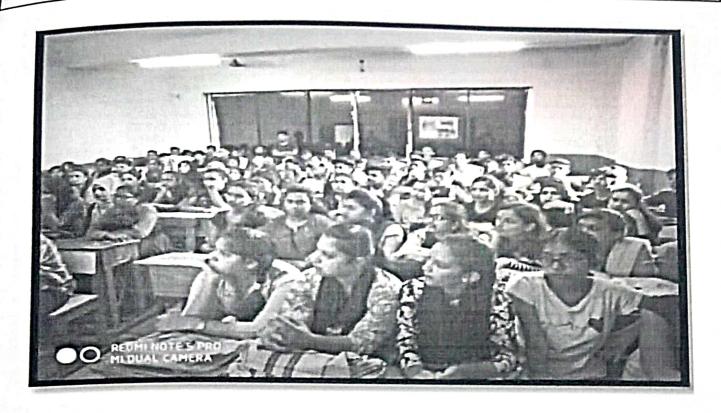
Har GharTiranga on 15/08/2022







Orientation Program held on 17th Aug 2022







Blood donation Camp- 04th Mar 2022

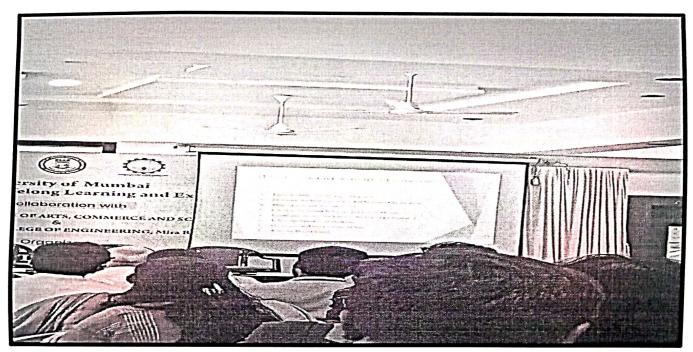






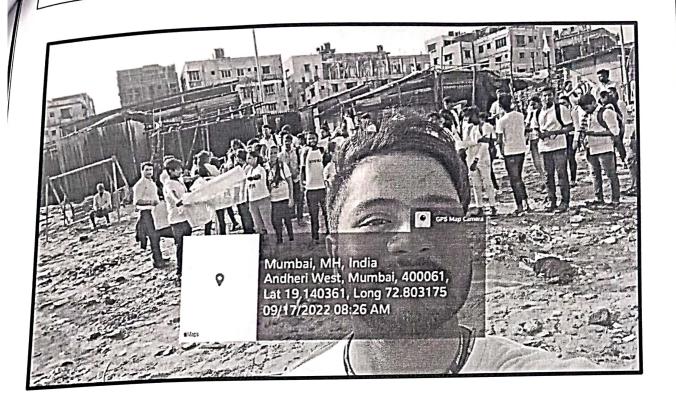
First Term Training Program – 24th Aug 2022

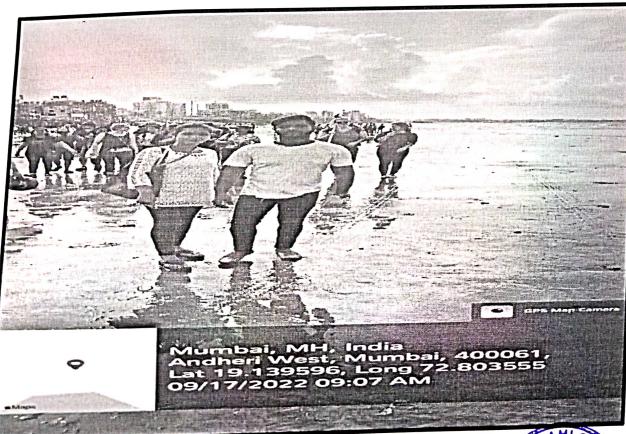






VersovaBeach Cleaning Drive – 18th Aug 2022

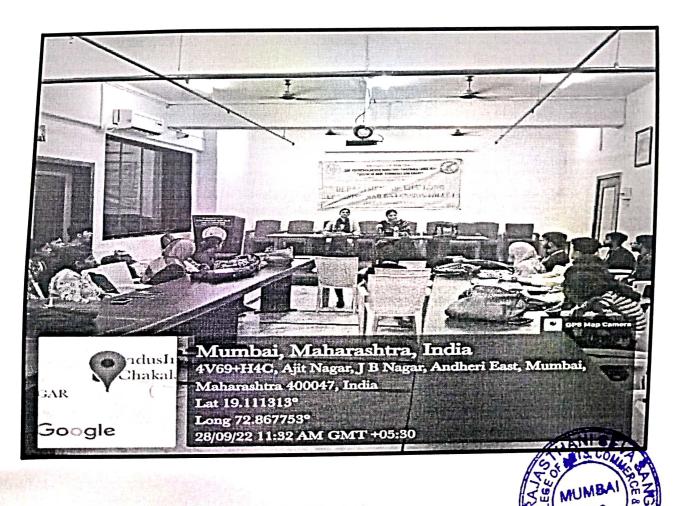




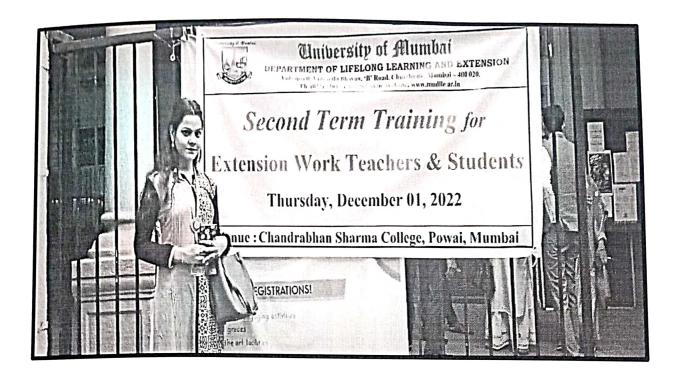


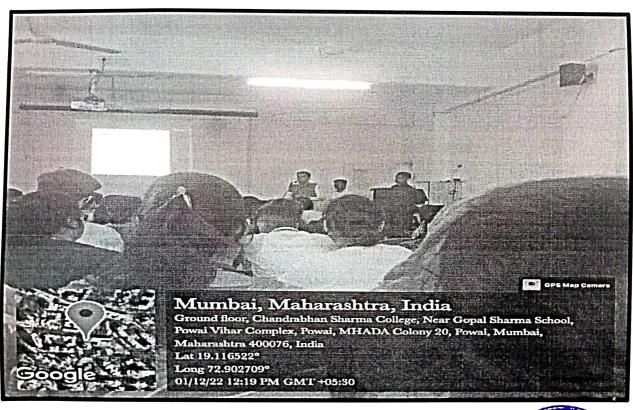
First Term Training Program by Field Coordinator – 28th Sep 2022





Second Term Training Program – 01th Dec 2022

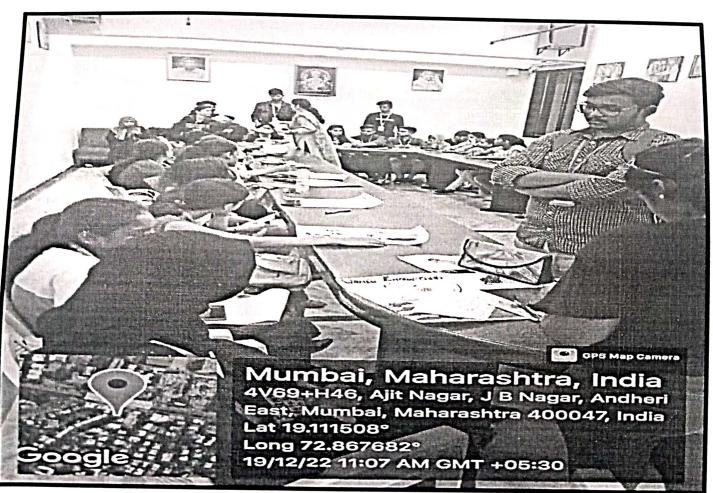






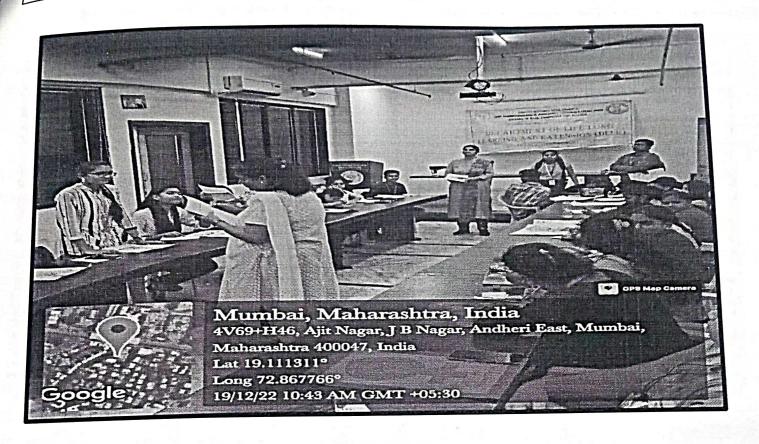
Poster Making Competition – 19th Dec 2022

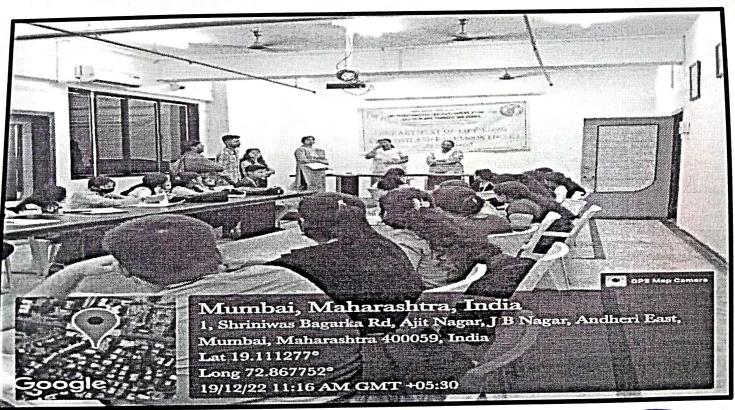






Slogan Writing Competition – 19th Dec 2022







Second Term Training Program by Field Coordinator- 04th Jan 2023







Joy of Giving Visit - Salaam Balak Trust on 12th Jan 2023

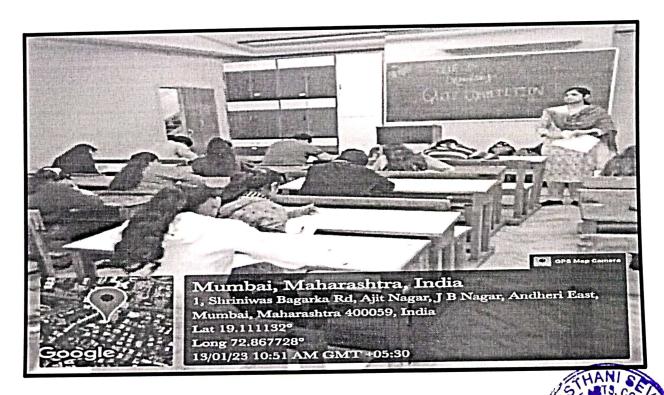






Quiz Competition – 13th Jan 2023





MUMBA 1986.

Street Play at College Campus – 09th Feb 2023

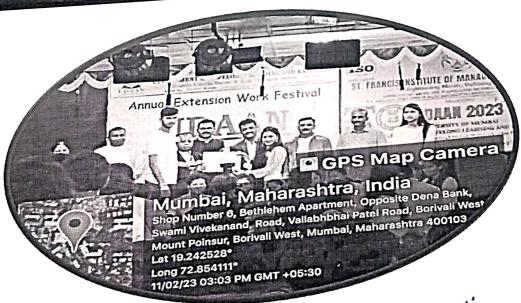






UDAAN – The Fight of Extension (Street Play) – 11th Feb 2023





Dr.Trishla Mehta

PRINCIPAL RAJASTHANI SEVA SANGH'S ishwaridevi Durgadutt Tibrewala Lione Juhu llege of Arts, Commerce & Science J. B. Nagar, Andheri (East), Mumbai - 400 059.



Dr. Nidhi Pundir

DLLE-In-Charge

SMT. PARMESHWARIDEVI DURGADUTT TIBREWALA LIONS JUHU COLLEGE

COLLEGECODE: B19

ANNUAL REPORT 2022-2023

NATIONAL SERVICE SCHEME

The National Service Scheme was started by government of India, Ministry of Education and cultural, Government in the year 1969 in 37 selected universities. Our university has been participating in the scheme right from its inception. At present the scheme is run by the Ministry of youth affairs & sports in central government and department of higher & technical in state government.

In our college we also have NSS unit which work for the overall development of student personality. Under the Programme Officer, Dr. Sanjay Mishra. Around 100 Student are there in the NSS unit. Under this scheme we conducted number of programs.

AIMS AND OBJECTIVES OF NSS

- 1. Understand the community in which they work.
- 2. Understand themselves in relation to their community.
- 3. Identify the needs and problems of the community and involve them in problem solving process.
- 4. Develop among themselves a sense of social and civic responsibility.
- 5. Utilize their knowledge in finding practical solutions to individual and community problem.
- 6. Develop capacity to meet emergencies and natural disasters.

NSS REGULAR PROGRAM

NSS units works on three bases that is:

- AREA BASED ACTIVITY
- COLLEGE LEVEL ACTIVITY
- UNIVERSITY LEVEL ACTIVITY

The various activity which have been conducted are as follows:

AREA BASED ACTVITIES

TREE PLANTATION

Tree plantation activity was organized by NSS units in our college 13th June 2022. 28 NSS volunteer had participated for planting trees. 17 girls and 11 boys participated in this event. The main theme of the event was "Clean City, Green City".



ELECTRICITY PROJECT OF 2022-23

We started energy saving project from 1-08-2022 to 31st January 2023. There were 6 groups each group consisted of 10 to 11 volunteers. Each student have covered 6-7 houses, total 400 houses were covered & total 4800 units were saved.



SWACHH BHARAT ABHIYAN (ADOPTED AREA J.B NAGAR)

The Swachh Bharat Abhiyan was conducted in adopted area J.B Nagar on 13^{th} june 2022 & 2^{nd} October 2022 along with the 58 volunteers . 30 boys and 28 girls participated in this cleaning drive .



EYE CHECK UP CAMP

Eye check up camp was held on 6^{th} October 2022 . the event was started at 9 o'clock . 10 volunteers participated in this event . The NSS volunteers were divided into different section like registration , maintaining discipline and helping doctors . There were 3 tables for eye check up and one for diabetes check up . There was

also a free distribution of spectacles . The event ended at $1.00~\rm o$ 'clock . The NSS work was appreciated by lion's club members .





HIV / AIDS RALLY

This activity was organized by the NSS volunteers on 7^{th} December 2022 . 70 volunteers had participated in this rally . The main aim of the rally was to spread awareness about the HIV/AIDS in our society .





HIV / AIDS STREET PLAY

Street play was organized in our college on 21^{st} December 2022. The main aim for the street play was to spread HIV/AIDS awareness among the society.



STREET PLAY ANTI SMOKING.

Street play on anti – smoking was held on 30^{th} January 2023. 30 volunteers participated in this event. The main aim of this street play is to create awareness among the college students and youth .



PAPER BAG DISTRIBUTION

Paper bag distribution activity was conducted on 7^{th} January 2023. This activity included making bags of newspaper to send the message to the people of our society that we should try to save our environment by using paper bags instead of plastic bags. 62 volunteers participated in this activity and made more than 2,000 paper bags and distributed in the nearby local market. They explained the vendors about harmful effects of using plastic bags and encouraged them to use paper bags.



COLLEGE LEVEL ACTIVITIES

YOGA DAY

On 21st June 2022 Yoga day was celebrated. 28 boys &22 girls participated in this activity. Yoga Asana & Various benefits of yoga was explained in this session.



BLOOD DONATION CAMP

On 23rd September 2022 our NSS unit had organized blood donation campaign. It was an inspirational drive for youth students. By donating their blood, they are helping to the patients who are suffering from cancer and other diseases.59 units of blood was collected in this drive .84 volunteers had participated in this activity.



PEACE DAY POSTER COMPETITON

On 6th August 2022 the poster making competition was organized by the NSS volunteers. The topic for the competition was Peace Day. In this competition there were 36 participants. Certificates were also distributed to the participants.



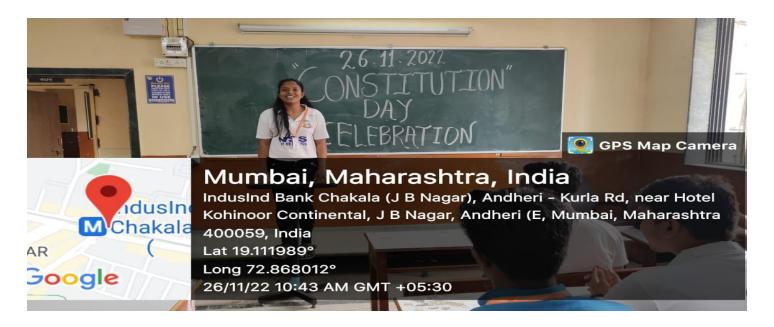
INDEPENDENCE DAY

On 15th August 2018 our college had organized a "HAR GHAR TIRANGA RALLY". 55 NSS volunteers had participated in this activity, the main duty was to maintain discipline in the college campusand during the rally .



CONSTITUTION DAY

On 26th November 2022Constitution Day was celebrated. Elocution Competition was organized on This Day. 14 boys and 11 girls Participated in this Event.



POSTER MAKING COMPETITION

On 06th December 2022 Poster making competition was organized by the RRC members. The topic for the competition was AIDS Awareness. In this competition there were 32 participants. Certificates were also distributed to the participants.

ROAD SAFETY SEMNAR

It was held on 15th November 2022.68 volunteers participated in the seminar. this event took place in the seminar room of our college. In this session we were given more brief information about the road safety.





ROAD SAFETY PROGRAM

We have road safety activity with the D.N Nagar police officer. this activity was on 13th January 2023. 35 volunteers had participated in this activity.





UNIVERSITY LEVEL

COASTAL BEACH CLEANING

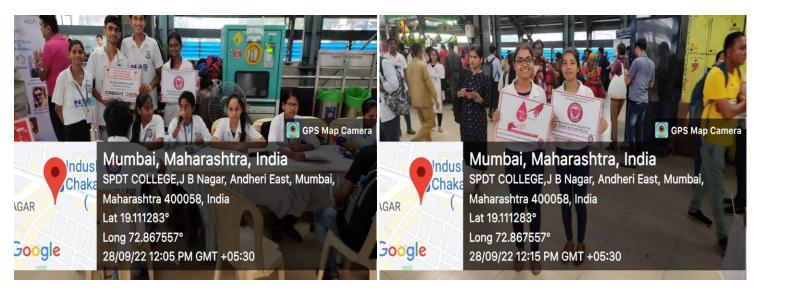
It was held on 17TH September 2022 at versova jetty beach .95 volunteers participated in this activity .There were 47 girls and 48 boys. They cleaned the garbage that was accumulated after Ganpati immersion. The NSS volunteers had actively participated in this activity.





BLOOD DONATION

Blood donation camp was held on 28th September 2022 at Andheri railway station.NSS volunteer participated actively in this activity .16 boys and 14 girls participated in this activity . 85 units of blood were collected in this drive .



MEGA SWACHTA DRIVE

Mega swachta drive was there at andheri station 19thOctober 2022 . 30 volunteers had participated in this university activity . our volunteers had work with full efficiency and effectively .





BHAJAN SANDHYA

Bhajan sandhya was held on 2^{nd} October 2022 at Gateway of India by university of Mumbai .Many colleges had participated in this event . The event started at 3.30 p.m . 45 volunteers had participated in this event. The event ended at 7.30 p.m .



ANTI DOWRY RALLY

From our NSS unit 15 volunteers had attended this anti dowry rally atSathey college on 26th November 2022 . many students from different Colleges had participated in this rally .



RUN FOR VIVEKANAND

Run for vivekanand for held at juhubeach on 25th January 2022. It started at 7am 10 volunteers had participated in this activity. many colleges was there in this activity.



SPECIALCAMP ACTIVITIES

Every Year NSS Volunteer of our college attends 7 days special camp. This year also NSS volunteers attended camp at Arogya and Naturopathy Institute ,Jambhilghar, Badlapur, west. Volunteers did Shramadan for all 7 days. Following activities were conducted at camp site. Cleaning Village,Cleaning of forest Area &cleaning of Camp Venue. Tree plantation, Survey of Village, Theory and Practical Session on yoga was conducted daily by Yoga Guru Dr.VijayKukreja at the camp venue.



Yoga session

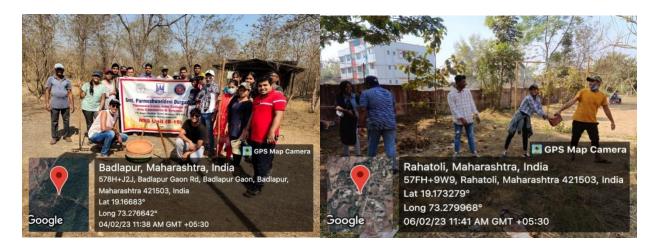


<u>VILLAGE CLEANING</u>

SPECIAL CAMP ACTIVITY



FOREST CLEANING



SCHOOL CLEANING

Dr.sanjaykumar Mishra

Dr.Trishla Mehta

NSS Programme officer

Principal

College Seal